

carē

HEALTH[®]
INSURANCE

**BEST CLAIM SETTLEMENT
COMPANY OF THE YEAR**

9th ANNUAL INDIA INSURANCE SUMMIT & AWARDS 2025[^]



carē supreme[™]

Customer Information Sheet

[^]The Company Was Awarded 'Best Claim Settlement Company of The Year' Award At The 9th Annual India Insurance Summit & Awards 2025, in March 2025

Customer Information Sheet

This document provides key information about your policy. You are also advised to go through your policy document.

Title	Description (Please refer to the applicable Policy Clause number in next column)	Policy Clause Number
Name of the Insurance Product/Policy	Care Supreme	
Policy Number		
Type of the Insurance Product/Policy	Indemnity	
Sum Insured (Basis) (Along with amount)	- Individual Sum Insured: Maximum up to 6 Persons (each member has a separate sum insured under the policy). - Floater Sum Insured : max up to 2A2C (all members under the policy have a single sum insured limit which may be utilized by any or all members) - Sum Insured : 5L \ 7L \ 10L \ 15L \ 20L \ 25L\50L\75L\1 Cr\6 Cr	
Policy Coverage (What the policy covers?) (Policy Clause Number/s)	Expenses in respect of : BASE BENEFITS 1. Hospitalization Expenses: - In-patient Care - Admission in hospital beyond 24 hrs., covered up to Sum insured. - Day-Care Treatments – All Day Care procedures requiring less than 24 hours of hospitalization (day care), covered up to Sum insured. - Advance Technology Methods – Specified methods taken during Hospitalization, covered up to Sum insured. - Pre-hospitalization Medical Expenses (treatment prior to admission in hospital) of 60 days, covered up to Sum insured.	3.1.1

- Post-hospitalization Medical Expenses (treatment after discharge from hospital) within 180 days from date of discharge, covered up to Sum insured. - Ayush Treatment - In-patient Care/ Day Care Treatment taken for Ayurveda, yoga, Naturopathy, Sidha , Unani and Homeopathy, covered up to Sum insured. - Domiciliary Hospitalization – Treatment taken at home and exceeding 3 days, covered up to Sum insured. - Organ Donor cover - Medical expenses incurred in respect of donor, for organ transplant surgery, covered up to Sum Insured.	
2. Road Ambulance Cover – Ambulance service offered by the hospital or any service provider, in an emergency situation covered up to the amount based on Sum Insured opted.	3.1.2
3. Cumulative Bonus: 50% of Sum Insured per year, maximum up to 100% of Sum Insured.	3.1.3
4. Unlimited Automatic Recharge – The base Sum Insured is reinstated unlimited times during the Policy Year. Available for unlimited times for unrelated or same illness.	3.1.4
5. Unlimited E-Consultations: Unlimited e-consultations with qualified General Physicians at company's network through Voice/ Video Call /Chat /Email Chat/etc.	3.1.5
6. Health services : Health Portal- Doctor on chat, Healthy tips reminder, etc. Discount Connect – Discounts on services such as consultations, diagnostics, maternity etc. at our network	3.1.6

OPTIONAL BENEFITS

1. Smart Select: Reduction on the premium for treatment taken at listed smart select hospitals, 20% Co-pay shall be applicable if treatment taken other than smart select hospitals.	3.2.1
2. Room Rent modification: Room Rent / Room Category limit gets modified to Twin Sharing Room /Single Private Room (as opted).	3.2.2
3. PED Wait Period Modification: PED Wait Period gets modified to 1 year/ 2 years (as opted).	3.2.3
4. Named Ailment Wait Period Modification: Named Ailment Wait Period gets modified to 1 year.	3.2.4
5. Instant Cover: No PED wait period for Diabetes/ Hypertension/ Hyperlipidemia / Asthma.	3.2.5
6. Deductible: Deductible amount (as opted) shall be bear by Insured before any benefits are payable by the Company and is on aggregate basis for all claims in a policy year.	3.2.6
7. Co-Payment: Co-payment % (as opted) of the admissible claim amount shall be bear by the Insured.	3.2.7
8. New Born cover: New born babies can be added from the day 1 (All wait period will be applicable).	3.2.8
9. Plus benefit : Additional 20% SI given , maximum up to 10 Lacs from day 1.	3.2.9
10. Cumulative Bonus Super: Up to 100% of Base Sum Insured per year, maximum up to 500% of Base Sum Insured.	3.2.10
11. Annual health Check-up: Health check-up is arranged (for listed tests) at Network Provider/ other empanelled Service Providers, once every Policy year for all Insured members, on cashless basis.	3.2.11

	12. Be-Fit Benefit : Unlimited visits to Fitness centers can be availed by Insured members aged above 12 years.	3.2.12
	13. Wellness benefit :	3.2.13
	a. Renewal premium discount (bases upon target steps achieved , for Adult Insured Person aged ≥ 18 years) b. Access to Digital Fitness Coaching c. Access to AI Fitness Coaching d. Access to Nutritionist/Wellness Coach (b., c., d., to be available at company's network for insured persons aged > 12 years)	
	14. Air Ambulance Cover: Air Ambulance transportation charges (during medical emergency) offered by a hospital/any service provider (in India) are covered Up to Rs. 5 Lacs per Policy Year.	3.2.14
	15. Women Care: Out-Patient Medical Expenses covered up to the specified amount per year as opted (cashless only), for the diagnosis for Mammography , Cervical Cancer screening and PCOS/ PCOD (only for women aged ≥ 18 Years)	3.2.15
	16. Mental Health wellbeing : Out-Patient Medical Expenses covered up to the specified amount per year as opted (cashless only), for Consultation, Counseling and rehabilitation of-Acute depression , Obsessive compulsive disorder , Anxiety and PTSD.	3.2.16
	17. Claim Shield: Specified non-payable items covered are covered up to Sum Insured.	3.2.17
	18. Unlimited Care: Indemnify the Hospitalization Expenses incurred in respect of the Insured Person for any one claim during the lifetime of the Policy without any limits on the Base Sum Insured.	3.2.18

	19. True Connect: Provide reduction in the premium if the medical treatment is taken as per the recommendation of independent Medical Practitioners empaneled within the Company's network. If the Insured Person takes medical treatment, without first consulting the independent Medical Practitioners empanelled by the Company (other than due to Emergency), then the Insured Person will have to pay a co-payment of 10% on each and every hospitalization claim.	3.2.19
Exclusions (What the policy does not cover)	Permanent Exclusions: Any Claim of an Insured Person arising due to any of the following shall not be admissible unless expressly stated to the contrary elsewhere in the Policy Terms and conditions. 1. Investigation & Evaluation 2. Rest Cure, rehabilitation and respite care 3. Obesity/ Weight Control 4. Change-of-Gender treatments 5. Cosmetic or plastic Surgery 6. Hazardous or Adventure sports 7. Breach of law 8. Excluded Providers 9. Treatment for Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. 10. Treatments received in health spas, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons.	4.1(b)

11. Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a medical practitioner as part of hospitalization claim or day care procedure
12. Refractive Error
13. Unproven Treatments
14. Sterility and Infertility
15. Maternity

Specific Exclusions:

Any Claim of an Insured Person arising due to any of the following shall not be admissible unless expressly stated to the contrary elsewhere in the Policy Terms and conditions.

1. Any item or condition or treatment specified in List of Non-Medical Items (Annexure – I to Policy Terms & Conditions).
2. Taking part or is supposed to participate in a naval, military, air force operation or aviation in a professional or semi-professional nature.
3. Treatment taken from anyone who is not a Medical Practitioner or from a Medical Practitioner who is practicing outside the discipline for which he is licensed or any kind of self-medication.
4. Charges incurred in connection with routine eye examinations and ear examinations, dentures, artificial teeth and all other similar external appliances and / or devices whether for diagnosis or treatment
5. Any expenses incurred on external prosthesis, corrective devices, external durable medical equipment of any kind,

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like wheelchairs, walkers, glucometer, crutches, ambulatory devices, instruments used in treatment of sleep apnea syndrome and oxygen concentrator for asthmatic condition, cost of cochlear implants and related surgery.

6. Alopecia wigs and/or toupee and all hair or hair fall treatment and products.
7. Screening, counseling or treatment of any external Congenital Anomaly, Illness or defects or anomalies or treatment relating to external birth defects.
8. Treatment of mental retardation, arrested or incomplete development of mind of a person, subnormal intelligence or mental intellectual disability.
9. Circumcision unless necessary for treatment of an Illness or as may be necessitated due to an Accident.
10. All preventive care (except eligible and entitled for Benefit: 'Annual Health Check- up'), Vaccination including Inoculation and Immunizations (except in case of post- bite treatment) and tonics.
11. Expenses incurred for Artificial life maintenance, including life support machine use, post confirmation of vegetative state or brain dead by treating medical practitioner where such treatment will not result in recovery or restoration of the previous state of health under any circumstances.
12. Non-Allopathic Treatment, Hydrotherapy, Acupuncture, Reflexology, Chiropractic treatment or treatment related to any unrecognized systems of medicine.
13. War (whether declared or not) and war like occurrence or invasion, acts of foreign enemies, hostilities, civil war, rebellion, revolutions, insurrections, mutiny, military or usurped power, seizure, capture, arrest,

- restraints and detainment of all kinds.
14. Act of self-destruction or self-inflicted Injury, attempted suicide or suicide while sane or insane
 15. Any charges incurred to procure documents related to treatment or Illness pertaining to any period of Hospitalization or Illness.
 16. Personal comfort and convenience items or services including but not limited to T.V. (wherever specifically charged separately), charges for access to cosmetics, hygiene articles, body care products and bath additives, as well as similar incidental services and supplies.
 17. Expenses related to any kind of RMO charges, Service charge, Surcharge, night charges levied by the hospital under whatever head or transportation charges by visiting consultant.
 18. Nuclear, chemical or biological attack or weapons, contributed to, caused by, resulting from or from any other cause or event contributing concurrently or in any other sequence to the loss, claim or expense. For the purpose of this exclusion:
 - a. Nuclear attack or weapons means the use of any nuclear weapon or device or waste or combustion of nuclear fuel or the emission, discharge, dispersal, release or escape of fissile/ fusion material emitting a level of radioactivity capable of causing any Illness, incapacitating disablement or death.
 - b. Chemical attack or weapons means the emission, discharge, dispersal, release or escape of any solid, liquid or gaseous chemical compound which, when suitably distributed, is

	capable of causing any Illness, incapacitating disablement or death. c. Biological attack or weapons means the emission, discharge, dispersal, release or escape of any pathogenic (disease producing) micro-organisms and/or biologically produced toxins (including genetically modified organisms and chemically synthesized toxins) which are capable of causing any Illness, incapacitating disablement or death. 19. Impairment of an Insured Person's intellectual faculties by abuse of stimulants or depressants unless prescribed by a medical practitioner. 20. Any treatment taken in a clinic, rest home, convalescent home for the addicted, detoxification center, sanatorium, home for the aged, remodeling clinic or similar institutions. 21. Remicade, Avastin or similar injectable treatment which is undergone other than as a part of In-Patient Care Hospitalization or Day Care Hospitalization is excluded. 22. Expenses related to any kind of Advance Technology Methods other than mentioned in the Clause 3.1.1(iii). 23. Hormone replacement therapy. 24. Any Illness or Injury attributable to consumption, use, misuse or abuse of tobacco, intoxicating drugs, alcohol, hallucinogens, smoking. 25. Any treatment or part of treatment or any expenses incurred under this Policy that is not reasonable and customary and/or not medically necessary.	
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Waiting Period - Time period during which specified diseases/treatments are not covered - It is counted from the beginning of the policy coverage.	Initial waiting Period : 30 days for all illnesses (not applicable in case of continuous renewal or accidents) Specific Waiting periods (Not applicable for claims arising due to an accident) : 24 months for listed Named Ailments (option to modify Named Ailment wait period available under Optional Benefit - Named Ailment Wait Period Modification) Pre-existing diseases : Covered after 36 months (option to modify PED wait period available under Optional Benefit - PED Wait Period Modification)	4.1(a)
Financial limits of coverage i. sub-limit (It is a pre-defined limit and the insurance company will not pay any amount in excess of this limit) ii. Co-payment (It is a specified amount / percentage of the admissible claim amount to be paid by policyholder/ insured) iii. Deductible (It is a specified amount : - up to which an insurance company will not pay any claim , and - which will be deducted from total claim amount is more than the specified amount)	In case of a claim , this policy requires you to share the following costs(Expenses exceeding the following Sub-limits) :	
	Room/ICU charges : No limit ICU: No limit (Option to modify the room category as Twin Sharing Room /Single Private Room available under Optional Benefit - Room Rent Modification)	3.1.1.(ix)
	Specified Co-payment percentage (as opted) applicable on each claim.	3.2.7
	Deductible amount (as opted) applicable on aggregate basis for all claims in a policy year	3.2.6

iv. Any other limit (as applicable)	Not Applicable	
Claims/ Claims Procedure	Details of procedure can be followed for cashless service as well as for reimbursement of claim including pre and post hospitalization. For Cashless service: The Company extends Cashless Facility as a mode to indemnify the medical expenses incurred by the Insured Person at our Network Provider. For Network Provider list, Insured Person may please log on to the Company's website For Reimbursement service: Under Reimbursement Facility, all the information and documentation specified in Policy Terms & Conditions shall be submitted to the Company at Insured Person's own expense, immediately and in any event within 30 days of Insured Person's discharge from Hospital Claim intimation - If any Illness is diagnosed or discovered or any Injury is suffered or any other contingency occurs which has resulted in a Claim or may result in a Claim under the Policy, the Company shall be notified with full particulars within 48 hours (emergency hospitalization) and 48 hours prior to planned date of admission (Planned hospitalization) from the date of occurrence of event . Turn Around Time (TAT) for claims settlement : i. TAT for preauthorization of cashless facility: 1 hour ii. TAT for cashless final bill authorization : 3 hours	6.1

	Web link (https://www.careinsurance.com/rhicl/claim/login) for following : i. Network hospital details ii. Helpline number iii. Hospitals which are blacklisted or from where no claims will be accepted by insurer iv. Downloading/getting claim formcareinsurance.com/contact-us.html	
Policy Servicing	i. Call center number of the insurer - whatsapp number: 8860402452 ii. Details of Company officials - Customer Service Care Health Insurance Limited , Vipul Tech Square, Tower C, 3rd Floor, Golf Course Road, Sector-43, Gurugram-122009	5.16
Grievances/ Complaints	In case of any grievance the Insured Person may contact the Company through Website/link: https://www.careinsurance.com/customer-grievance-redressal.html Mobile App : Care Health- Customer App Toll free (whatsapp number): 8860402452 Courier: Any of Company's Branch Office or corporate office If Insured Person is not satisfied with the redressal of grievance through above methods, the Insured Person may also approach the office of Insurance Ombudsman of the respective area/region for redressal of grievance as per Insurance Ombudsman Rules 2017. https://www.cioins.co.in/Ombudsman Grievance may also be lodged at IRDAI integrated Grievance Management System - https://bimabharosa.irdai.gov.in/	5.16

	Moratorium Period: After completion of Five continuous years under the policy, no look back to be applied. This period of five years is called the moratorium period. The moratorium would be applicable for the sums insured of the first policy and subsequently completion of five continuous years would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no health insurance policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract.	5.12
Your Obligations	Please disclose all pre-existing disease/s or condition/s before buying a policy. Non-disclosure may affect the claim settlement. Disclosure of other material information during the policy period. Disclosure of Information -The Policy shall be void and all premium paid thereon shall be forfeited to the Company or the Company may also adjust the scope of cover and / or the premium paid or payable in the event of misrepresentation, mis-description or non-disclosure of any material fact by the policyholder. Material Change: Policyholder/ Insured Person shall immediately notify the Company in writing of any material change in the risk on account of change in occupation or business of any Insured Person. The Company may adjust the scope of cover and / or the premium paid or payable, accordingly	5.1 5.18

Note:

- I. For the product terms and conditions and other documents, including CIS, please refer the web link :
<https://www.careinsurance.com/rhicl/login/register>
- ii. In case of any conflict, the terms and conditions mentioned in the policy document shall prevail.
- iii. Insurer to take confirmation of the policyholder regarding receiving of the Customer Information Sheet.



Care Health Insurance Limited

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CIN: U66000DL2007PLC161503 UIN: CHIHLP25047V022425

IRDAI Registration Number - 148

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www.careinsurance.com/self-help-portal.html



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